

## Biographies for the PEN: Practice-based Evidence in Nutrition® Team

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### **PEN Global Governance**

#### **British Dietetic Association**

##### ***Andy Burman***

Andy has been the Chief Executive of the British Dietetic Association (BDA) since 2003. He started his management career in the civil service and with the local government Ombudsman service before moving into health care regulatory and professional bodies. He has worked with a wide range of health care professions including medics, psychologists, counsellors and many allied health care professions in the United Kingdom (UK). He represents the BDA at the UK government level, working with other allied health care professions to promote evidence-based practice at a national level.

Andy sits on the UK National Project Management Group aiming to provide dietetics with enhanced prescribing rights in the UK, as well as sitting on national advisory groups developing Nutrition and Hydration policy for the National Health Service.

Andy is a Chartered Manager and has a broad range of expertise and roles working with other professions. He regularly sits as a lay member on the disciplinary panels for other professions, is a visiting lecturer on sports nutrition courses and is one of the first lay members on the Joint Formulary Committee of the British National Formulary.

Andy is a Director of Nutrition and Diet Resources UK, which produces evidence-based, patient-focused information for dietitians and other health care professionals. He speaks at national and international conferences on governance for professional associations, ethics and organizational change.

#### **Dietitians Association of Australia**

##### ***Robert Hunt***

Robert is a highly experienced CEO with significant health industry management experience with the National Heart Foundation, Australian Medical Association and most recently as National CEO of St John Ambulance Australia. Robert is a qualified CPA, born and bred in Canberra. Robert's strong focus throughout his career has been to advance professional conduct and he is a passionate advocate for support and encouragement of professional life. As a long-time member of his professional body, CPA Australia, and the Australian Institute of Company Directors, Robert is keen to protect and enhance the professional standing and recognition of Dietitians in Australia.

##### ***Judy Bauer FDDA, BSc, Grad Dip NutritiDiet, MHLthSc, PhD***

Judy Bauer is the Dietitians Association of Australia (DAA) PEN® Translational Research Leader. She completed a Bachelor of Science at the University of Queensland and postgraduate studies from Queensland University of Technology. Judy received her PhD in the field of nutrition and cancer cachexia in 2003 and was awarded the Fellow

credential from the DAA in 2012.

Judy has worked as a dietitian for more than 30 years as a clinician, clinical manager and research and teaching academic. She is an Associate Professor in Nutrition & Dietetics at the University of Queensland. Judy is recognized internationally for translational research in nutrition screening and assessment, innovative dietetic intervention programs particularly in oncology, and the development of evidence-based practice guidelines in oncology and malnutrition.

She is a current Board member of the Clinical Oncology Society of Australia, past member of the Australian Dietetics Council and a past DAA Board member.

### **Dietitians of Canada**

#### ***Nathalie Savoie, MBA, RD***

Nathalie Savoie was appointed as Dietitians of Canada's Chief Executive Officer (CEO) in November 2017. Based out of Montreal, Nathalie is an experienced, bilingual dietitian leader with a passion for marketing and communications, team mentoring and positive leadership. Her career exemplifies the many diverse roles that dietitians can play to advance the health of individuals and population, notably in social marketing, communications, public affairs, clinical nutrition and nutrition education.

Nathalie's professional experience includes leadership roles for a not-for-profit agricultural association, a health professional regulatory organization and a private public relations firm. Nathalie completed her undergraduate degree and dietetic training at Université de Montréal. She also holds a Masters of Business Administration from HEC Montréal. She has served on many Boards throughout the years including that of Dietitians of Canada, the Canadian Foundation for Dietetics Research and the Canadian Council for Food and Nutrition.

#### ***Mary Anne Smith RD, PhD – DC Staff***

Mary Anne Smith is the Director of Knowledge Translation overseeing the PEN® System and the Canadian Journal of Dietetic Practice and Research. She holds a Bachelor of Science from Wilfrid Laurier University and a Bachelor of Applied Science, a Masters of Applied Nutrition and a PhD from the University of Guelph. Her PhD research focused on bridging the gap between nutrition knowledge and policy by examining the communication strategies and advocacy approaches designed to create political will.

Mary Anne has professional experience in nutrition knowledge translation targeted to a variety of stakeholders. She has created knowledge translation projects for decision-makers and the public in her work as a consultant for government and non-governmental organizations and for dietitians in her work as a PEN® Evidence Analyst. In the past, Mary Anne has also used her dietetic credentials to work as a sessional lecturer, as a consultant in international nutrition and in private practice.



## **PEN Global Management**

### ***Content Development***

***Mary Anne Smith RD, PhD,***

### ***Operations***

***Mary Anne Smith RD, PhD***

### ***Communications and Marketing***

***Kate Comeau MSc, RD, APR – DC Staff***

Kate Comeau is a dietitian and an accredited public relations professional. She holds a Bachelor of Science with Honors from Acadia University in Nutrition and Dietetics as well as a Master's of Science from McGill University in Human Nutrition. Kate is the Manager of Public Relations and Media for Dietitians of Canada and manages PEN's social media.

***Sally Moloney APD, BSc (Human Movement Studies), BHthSc (Nutrition & Dietetics) – DAA Staff***

Sally is the Marketing Manager at DAA and has been a member of the Communications and Marketing team at DAA for more than a decade. Prior to this, Sally worked in sports dietetics, weight management, private practice, food industry and was a locum in hospitals and community centres. This broad experience, both in Australia and the UK, has provided Sally with insight into many areas of dietetics. This assists greatly with her current role, which includes promoting dietitians and what they do to members of the public and other medical and allied health professionals, as well as communicating to members and potential members about how key member benefits and services can assist them in their practice.

## **PEN Global Content Development Team**

### **Director**

***Mary Anne Smith RD, PhD – DC Staff***

### **Content Managers**

***Beth Armour P.Dt. M.Ed – DC Staff***

Beth lives in Brampton, Ontario and is the PEN Content Manager. Beth received her degree from the University of Western Ontario and completed her dietetic internship at the Royal Victoria Hospital (RVH) in Montreal. She holds a Master of Education - Educational Psychology degree from McGill University.

Beth's dietetics career began in Montreal at the Royal Victoria Hospital working in Dietetic Education, as a Clinical Coordinator for the McGill University Dietetics Stage Program, manager in charge of Quality Assurance for Food and Clinical Nutrition Services and finally, as Manager of Clinical Nutrition on three sites of the McGill University Health Center.

In September 2004 Beth began a contract with Dietitians of Canada, as the PEN Content Manager involved in the development of the PEN® System and content planning for the September 2005 launch.

Beth's main responsibility as the PEN Content Manager is planning for content additions and updating and working with dietetic students, interns and practitioners who use the evidence-based practice cycle to develop content for the PEN® System. She is also responsible for arranging for content reviewers.

***Judy Bauer FDAA, BSc, Grad Dip NutritiDiet, MHLthSc, PhD***

***Eleanor Johnstone PG Dip, BSc, RD – BDA Staff***

Eleanor completed a postgraduate diploma in dietetics from Leeds Beckett University. In 2018 Eleanor joined The British Dietetic Association (BDA) as a Policy Officer in the Education, Practice and Policy Team. Her role as a Policy Officer includes supporting members to add to PEN from a UK perspective. She leads the BDA PEN Advisory Group and also writes the BDA monthly Evidence and Expertise research eNewsletter. Eleanor also works as a PEN Evidence Analyst. Prior to her role at the BDA, Eleanor specialized in weight management, bariatrics and then diabetes. Eleanor continues her practice in diabetes – supporting patient education sessions for those with type 2 diabetes.

**PEN Editor**

***Heather Alaverdy RD, MA – DC Staff***

Heather obtained her BSc (Nut) from St. Francis Xavier University and completed a dietetic internship at the Victoria General in Halifax and a Masters of Arts in Human Ecology from Mt. St. Vincent University. Heather has worked in a variety of settings including institution, community, government and private practice with a focus on chronic disease, Aboriginal health, and strategic planning and evaluation.

**PEN Database Coordinator**

***Lindsay Kole BComm – DC Staff***

Lindsay received her Bachelor of Commerce from Ryerson University in Toronto and Diploma in Hospitality and Tourism Administration from Georgian College in Barrie, Ontario. Lindsay also manages customer services for the PEN System.

**PEN Senior Evidence Analyst**

***Dawna Royall RD, MSc, FDC – DC Staff***

Dawna is the PEN Senior Evidence Analyst and is a nutrition research consultant at the University of Guelph. She completed an undergraduate degree at the University of Manitoba, a Dietetic Internship at Kingston General Hospital and a MSc (Nutritional Sciences) at the University of Toronto.

Dawna worked as a Clinical Dietitian in Ontario prior to obtaining her graduate degree, followed by a position as a Clinical Research Associate at the University of Toronto. Recent research interests have focused on improving the effectiveness of nutrition services in primary care for cardiometabolic diseases.

**Evidence Analysts**

***Lisa Doerr Msc, RD – DC Contractor***

Lisa Doerr is a PEN Evidence Analyst based in Calgary, Alberta. She has worked as a Registered Dietitian in a variety of settings including retail dietetics, food industry and

academia since completing her Master of Science, Nutrition and Dietetics degree at Western University in London, Ontario. Currently, Lisa provides virtual nutrition coaching for a workplace benefits provider and lectures at St. Mary's University alongside her role with PEN.

***Tanis Fenton RD, PhD, FDC – DC Contractor***

After graduating with a Bachelor degree in nutrition from the University of Alberta and a Masters degree in nutrition from the University Toronto, Tanis worked as a clinical dietitian. Wishing to learn more about research and critical appraisal, she completed a Doctorate degree in Epidemiology at the University of Calgary. Tanis is now working as a Research Lead for Alberta Nutrition Services, and an Adjunct Professor at the University of Calgary.

Dr. Fenton is known internationally for a growth chart she developed for preterm infants and her meta-analyses on the alkaline diet hypothesis. She is the invited Chair for the Preterm Infant Expert Workgroup for the Dietary Guidelines for Americans for the nutritional care of preterm infants. Her primary academic focus is on growth of preterm infants.

***Catherine Freeze RD, Med – DC Contractor***

Catherine is a Registered Dietitian and Certified Diabetes Educator living in Charlottetown, Prince Edward Island. She holds a Bachelor of Science in Home Economics from Acadia University and a Master of Education degree from University of

***Eleanor Johnston PG Dip, BSc, RD***

***Noor Naqvi RD, MSc – DC Contractor***

Noor holds a Bachelor of Applied Science in Nutrition and Food and a Food Security Certificate from Ryerson University and a Master of Science in Human Nutrition from McGill University with a thesis focus on the effects of phenolics on oxidative stress in the human airway epithelial cells, completed in collaboration with Health Canada. Noor completed her dietetic internship at the McGill University Health Centre and now works as a Registered Dietitian in the area of dietetic education and is a PEN Evidence Analyst.

***Heather Petrie RD, MSc – DC Staff***

Heather holds a Bachelor of Arts in Psychology and a Bachelor of Science in Nutrition with Honours, both from Acadia University and a Master of Science degree, with a specialization in nutrition and exercise metabolism, from the University of Guelph. She worked in the food industry and in academia before joining the PEN Team.

***Natalie Stapleton APD, BSc (Nutrition and Exercise Science), MSc (Nutrition, Dietetics & Exercise Rehabilitation), GradCertPH – DAA Contractor***

Natalie has over six years experience as a dietitian across a number of sectors. Natalie initially worked clinically as a dietitian and exercise physiologist in the area of mental health. Natalie spent a number of years working in management roles at the Dietitians Association of Australia. These roles spanned many functions of the association including



credentialing, professional services, practice support and policy. During this time, she worked as part of the international team responsible for Practice-based Evidence in Nutrition (PEN) and also begun contributing to content as an Evidence Analyst. Natalie is currently working in public health as a Senior Nutrition Project Officer at Cancer Council NSW.

### **Resource Managers**

#### ***Jane Bellman RD, Med – DC Staff***

Jane completed her Honours Bachelor of Science (Home Economics) at the University of Western Ontario, followed by a Dietetic Internship from Kitchener-Waterloo Hospital and a Master of Education degree from Brock University.

Previous employment positions include Clinical Dietitian, Dietetic Internship Coordinator and Patient Education Specialist at Hamilton Health Sciences; Manager Nutrition Resource Centre at the Ontario Public Health Association and Public Health Nutritionist at Wellington-Dufferin-Guelph Public Health. Jane currently shares the PEN Resource Manager position with Kerri Staden and assists with online education programming at Dietitians of Canada.

#### ***Kerri Staden RD, BComm, BSc (Home Ec) – DC Staff***

Kerri is the PEN Resource Manager, a position she shares with Jane Bellman. Before joining the PEN Team, Kerri worked in a wide variety of positions including Food Service Administrator, Outpatient Counsellor, Dietetic Internship Coordinator and in private practice; however, most of her career was spent as a Public Health and Community Nutritionist in various locations in Alberta, and as the Manager of the Nutrition and Active Living Department for the Calgary Health Region. She has a Bachelor of Commerce degree with Honours and a Bachelor of Science (Home Ec) with Honours from the University of Alberta.

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